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| --- | --- | --- | --- | --- | --- |
| Baby | Child (Primary) | Teenager | Young Adult | Adult | Elderly |
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**Answer the following questions in your exercise book.**

1. How much control do you have over the determinants of health?

2. What can you do to modify the determinants over which you have little control?

3. Discuss your assessment above with another class member. Can he or she propose any other ways that you could modify the determinants over which you have little control?

4. How has your level of influence of the determinants changed over time?